

Pepermans 2026: Session: 1: COACH evaluation sheet for TEAM: SHARK

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Feyten Anne

Coaches: Wouters Maxim

Coaches: Moeskops Kathleen HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BACKSTROKE WOMEN 11-12		Heat:2, starttime: 09:02
Heat: 2/3 Lane : 1 Athlete: KENIS LOLA		Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): no time SB: no time
PB	5 0 M	
	no time	
	no time	
		

Coach feedback:

Event number: 2: 50M BREASTSTROKE MEN 11-12		Heat:2, starttime: 09:06
Heat: 2/3 Lane : 3 Athlete: JANSSENS ALEXANDER		Q-time: 00:51:09
PB (50m pool): no time		PB (25m pool): 00:51.09 SB: no time
PB	5 0 M	
	no time	
	no time	
		

Coach feedback:

Event number: 2: 50M BREASTSTROKE MEN 11-12		Heat:3, starttime: 09:07
Heat: 3/3 Lane : 2 Athlete: MERTENS DIETER		Q-time: 00:44:89
PB (50m pool): 00:46.94 Wezenberg 05/01/2025		PB (25m pool): 00:44.89 SB: no time
PB	5 0 M	
	00:46.94	
	00:46.94	
		

Coach feedback:

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Event number: 3: 50M BUTTERFLY WOMEN 13-14			Heat:2, starttime: 09:10
Heat: 2/6 Lane : 3 Athlete: KENIS JOSEPHINE			Q-time: 00:45:38
PB (50m pool): no time			PB (25m pool): 00:45.38 SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY WOMEN 13-14			Heat:6, starttime: 09:15
Heat: 6/6 Lane : 6 Athlete: BIERINCKX MIE			Q-time: 00:32:91
PB (50m pool): 00:42.61 Antwerpen 29/01/2023			PB (25m pool): 00:32.91 SB: no time
	5 0 M		
PB	00:42.61		
	00:42.61		
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 13-14			Heat:1, starttime: 09:16
Heat: 1/2 Lane : 4 Athlete: BELLENS PIETER			Q-time: 00:36:10
PB (50m pool): no time			PB (25m pool): 00:36.10 SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN 11-12			Heat:2, starttime: 09:35
Heat: 2/4 Lane : 6 Athlete: WILMS BRAM			Q-time: 01:53:86
PB (50m pool): no time			PB (25m pool): 01:53.86 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

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Event number: 7: 100M BUTTERFLY WOMEN 13-14			Heat:3, starttime: 09:46
Heat: 3/4 Lane : 8 Athlete: VAN LOMMEL ANTHE			Q-time: 01:28:16
PB (50m pool): 01:28.16 Antwerpen 13/07/2025			PB (25m pool): 01:25.91 SB: no time
	5 0 M	1 0 0 M	
PB	00:40.03	01:28.16	
	00:40.03	00:48.13	
			

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 13-14			Heat:1, starttime: 09:50
Heat: 1/9 Lane : 3 Athlete: VAN ROOY ILYANO			Q-time: 01:28:19
PB (50m pool): 01:29.53 Antwerpen 13/07/2025			PB (25m pool): 01:28.19 SB: no time
	5 0 M	1 0 0 M	
PB	00:42.01	01:29.53	
	00:42.01	00:47.52	
			

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 13-14			Heat:5, starttime: 09:58
Heat: 5/9 Lane : 4 Athlete: VAN GORP TUUR			Q-time: 01:10:17
PB (50m pool): 01:18.92 Antwerpen 13/07/2025			PB (25m pool): 01:10.17 SB: no time
	5 0 M	1 0 0 M	
PB	00:36.01	01:18.92	
	00:36.01	00:42.91	
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE WOMEN 11-12			Heat:2, starttime: 10:07
Heat: 2/4 Lane : 7 Athlete: KENIS LOLA			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

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Event number: 10: 50M BUTTERFLY MEN 11-12					Heat:4, starttime: 10:15	
Heat: 4/5 Lane : 7 Athlete: JANSSENS ALEXANDER					Q-time: 00:45:86	
PB (50m pool): 00:45.86 SportinGenk Park 21/04/2025					PB (25m pool): 00:46.81 SB: no time	
	5 0 M					
PB	00:45.86					
	00:45.86					
						

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11-12					Heat:5, starttime: 10:17	
Heat: 5/5 Lane : 5 Athlete: MERTENS DIETER					Q-time: 00:34:71	
PB (50m pool): 00:35.51 Antwerp 26/01/2025					PB (25m pool): 00:34.71 SB: no time	
	5 0 M					
PB	00:35.51					
	00:35.51					
						

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 13-14					Heat:1, starttime: 10:18	
Heat: 1/2 Lane : 4 Athlete: KENIS JOSEPHINE					Q-time: 00:35:97	
PB (50m pool): no time					PB (25m pool): 00:35.97 SB: no time	
	5 0 M					
PB	no time					
	no time					
						

Coach feedback:

Event number: 12: 50M BACKSTROKE MEN 13-14					Heat:1, starttime: 10:20	
Heat: 1/3 Lane : 3 Athlete: BELLENS PIETER					Q-time: 99:99:99	
PB (50m pool): no time					PB (25m pool): 00:42.66 SB: no time	
	5 0 M					
PB	no time					
	no time					
						

Coach feedback:

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Event number: 12: 50M BACKSTROKE MEN 13-14			Heat:2, starttime: 10:22
Heat: 2/3 Lane : 3 Athlete: VAN GORP TUUR			Q-time: 00:42:72
PB (50m pool): 00:44.92 Wezenberg 05/01/2025			PB (25m pool): 00:42.72 SB: no time
	5 0 M		
PB	00:44.92		
	00:44.92		
			

Coach feedback:

Event number: 14: 100M BUTTERFLY MEN 11-12			Heat:1, starttime: 10:49
Heat: 1/2 Lane : 3 Athlete: WILMS BRAM			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 15: 100M FREESTYLE WOMEN 13-14			Heat:6, starttime: 11:02
Heat: 6/9 Lane : 7 Athlete: VAN LOMMEL ANTHE			Q-time: 01:10:73
PB (50m pool): 01:13.53 SportinGenk Park 21/04/2025			PB (25m pool): 01:10.73 SB: no time
	5 0 M	1 0 0 M	
PB	00:35.63	01:13.53	
	00:35.63	00:37.90	
			

Coach feedback:

Event number: 15: 100M FREESTYLE WOMEN 13-14			Heat:9, starttime: 11:07
Heat: 9/9 Lane : 3 Athlete: BIERINCKX MIE			Q-time: 01:03:54
PB (50m pool): 01:05.52 Antwerp 26/01/2025			PB (25m pool): 01:01.77 SB: no time
	5 0 M	1 0 0 M	
PB	00:31.32	01:05.52	
	00:31.32	00:34.20	
			

Coach feedback:

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Event number: 16: 100M BACKSTROKE MEN 13-14			Heat:1, starttime: 11:09
Heat: 1/8 Lane : 3 Athlete: VAN ROOY ILYANO			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:51.99 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
	no time		

Coach feedback:

Event number: 17: 50M BUTTERFLY WOMEN 11-12			Heat:5, starttime: 11:32
Heat: 5/8 Lane : 4 Athlete: KENIS LOLA			Q-time: 00:44:19
PB (50m pool): no time			PB (25m pool): 00:44.19 SB: no time
	5 0 M		
PB	no time		
	no time		
	no time		

Coach feedback:

Event number: 19: 50M BACKSTROKE WOMEN 13-14			Heat:1, starttime: 11:40
Heat: 1/2 Lane : 7 Athlete: KENIS JOSEPHINE			Q-time: 00:46:13
PB (50m pool): no time			PB (25m pool): 00:46.13 SB: no time
	5 0 M		
PB	no time		
	no time		
	no time		

Coach feedback:

Event number: 19: 50M BACKSTROKE WOMEN 13-14			Heat:2, starttime: 11:41
Heat: 2/2 Lane : 4 Athlete: BIERINCKX MIE			Q-time: 00:34:15
PB (50m pool): 00:38.42 Eindhoven 24/03/2024			PB (25m pool): 00:34.15 SB: no time
	5 0 M		
PB	00:38.42		
	00:38.42		
	00:38.42		

Coach feedback:

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Event number: 20: 50M BREASTSTROKE MEN 13-14		Heat:1, starttime: 11:42
Heat: 1/2 Lane : 6 Athlete: BELLENS PIETER		Q-time: 00:49:64
PB (50m pool): 00:53.28 SportinGenk Park 21/04/2025 PB (25m pool): 00:49.64 SB: no time		
	5 0 M	
PB	00:53.28	
	00:53.28	
		

Coach feedback:

Event number: 20: 50M BREASTSTROKE MEN 13-14		Heat:2, starttime: 11:44
Heat: 2/2 Lane : 4 Athlete: VAN GORP TUUR		Q-time: 00:42:25
PB (50m pool): no time PB (25m pool): 00:42.25 SB: no time		
	5 0 M	
PB	no time	
	no time	
		

Coach feedback: